

The Nest Daily Schedule

7:30-8:00	Before Care/Breakfast*
8:00	Start of School Day
9:00	AM Snack
9:15-9:45	Start of First Nap*
11:15/11:30	Lunch
12:00	Gross Motor/Outdoor Play
12:00	Start of Middle nap*
1:30	PM Snack
2:15-2:45	Start of Last nap*
4:00	End of School Day
4:00-5:30	Aftercare/Late Snack*

*Before and After care is an optional, additional charge, and availability is limited. Breakfast and Late snack are included in these programs.

*Nest students will nap based on their individual needs and schedules and will have up to three opportunities throughout the day for nap. Bottles will also be given based on individual needs.

During awake windows Nest students will engage in open play in the classroom, sensory activities, gross motor movement and outdoor play.