

January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Dill pickle pasta salad, steamed broccoli bananas; VG; Kade	3 Yogurt parfaits w/ berries & granola, cucumbers; EF, VG; Leo	4 Ground beef tacos w/ lettuce, tomato, & cheese, oranges; EF, DF; Lincoln	5 Baked honey garlic cauliflower bites over rice, melon; DF, EF, VG; Lux	6 BBQ chicken & coleslaw sliders, grapes; DF; Margot	7
8	9 Caesar salad w/ roasted chickpeas, apples, buttered toast; VG; Marlowe	10 Balsamic mushroom, spinach, & goat cheese pizza, bananas; EF, VG; Mia	11 Tuna noodle casserole w/ peas, apples; Oliver	12 Biscuits & sausage gravy; baby carrots, fruit salad; EF; Otto	13 Butternut squash & apple soup, cheese slices, dinner rolls; EF, VG; Thos	14
15	16 No School-staff in-service	17 Tofu & veggie yaki udon, grapes; DF, EF, VG; Willow	18 Chicken & asparagus pesto pasta, garlic bread, apples; EF; Abel	19 Skillet sausage & veggies w/ rice, clementines; EF, DF; Sophie	20 Turkey wraps w/ bacon, lettuce, & mayo, veggie chips, melon; DF; Avis	21
22	23 Macaroni & cheese w/ broccoli, apples; VG; Ben	24 Winter salad w/ pears, pecans, cranberries & goat cheese, dinner rolls; EF, DF, VG; Briar	25 Chicken tortilla soup w/ avocado & tortilla chips, clementines; EF; Carter	26 Mushroom, onion, & olive pizza, grapes; EF, VG; Chase M.	27 Chickpea gyros w/ cucumber, onion & tzatziki sauce, strawberries; EF, VG; Chase V.	28
29	30 Breakfast burritos w/ egg, sausage, cheese, & peppers, bananas; Eiley	31 Moroccan chicken and rice, steamed broccoli, oranges; DF, EF; Ezra				
		Notes: EF: Egg free, or egg free option VG: Vegetarian, or vegetarian option DF: Dairy free, or dairy free option		**Child's name indicates who is the chef assistant from Children's House ** Fruit selection is subject to change based on availability		