

April 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Berry, granola & yogurt parfaits, turkey bacon, green beans; EF	2 Egg salad lettuce wraps, veggie chips, bananas; DF, VG	3 Chicken tacos w/ cheese & lettuce, tortilla chips & guacamole, clementines; EF	4 Pepperoni, mushroom & black olive pizza, caesar salad, apples	5 BBQ chicken sliders w/ coleslaw, sweet potato fries, melon; DF	6
7	8 Cheese tortellini w/ marinara, garlic bread, broccoli, pineapple EF, VG	9 Spinach salad w/ goat cheese, pears, pecans & roasted chickpeas, sourdough bread; DF, EF, VG	10 Breakfast scramble w/ eggs, chicken sausage & bell pepper, buttered toast, bananas; DF	11 Chicken, zucchini & rice casserole, grapes; EF	12 Chili w/ ground beef & toppings bar, cornbread muffins, clementines; DF, EF	13
14	15 Picnic pizza w/ berries & cream cheese, cucumbers & carrots w/ white bean lemon dip; EF, VG	16 Mushroom stroganoff, green beans, dinner rolls, apples; DF, EF, VG	17 Eggroll in a bowl w/ ground turkey & veggies, edamame, oranges; DF, EF	18 Pesto gnocchi, tomato & mozzarella bake, garlic bread, melon; EF, VG	19 Mini ground beef & veggie meatloaves, mashed potatoes, grapes; EF	20
21	22 Loaded baked potato soup w/ cheese, bacon & green onion, dinner rolls, apples; EF	23 Sesame beef meatballs w/ rice, broccoli, oranges; DF, EF	24 Spring green smoothies w/ pineapple & spinach, hummus & cucumber wraps, veggie chips; DF, EF, VG	25 Broccoli bacon ranch pasta salad, pineapple; EF	26 Ground beef & bell pepper enchiladas, tortilla chips & salsa, bananas; EF	27
28	29 Chickpea & veggie coconut curry, rice, apples; DF, EF, VG	30 Baked chicken w/ honey mustard, roasted potatoes, peas, clementines	*Fruit subject to change based on availability DF: Dairy-free, or dairy-free option EF: Egg-free, or egg-free option VG: Vegetarian, or vegetarian option			